



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Simon, Holger

Club: Schmalkalden  
Number: 603

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:51:52

Speed: 9.65 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 29 (of 37)

Rank in course/Men: 24 (of 26)

Best time in course: 1:21:38

Rank in category: 4(of 4)

Best time in the category: 1:25:37