



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Jacob, Yvonne

Club: Arnstadt
Number: 583

Course: 18.00 km
Großer Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:10:50

Speed: 8.25 km/h
Running performance: 7:16 min/km

Rank in course/Total: 34 (of 37)

Rank in course/Women: 9 (of 11)

Best time in course: 1:34:44

Rank in category: 2(of 2)

Best time in the category: 1:51:50