



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Berwing, Dieter

Club: SV TU Ilmenau
Number: 571

Course: 18.00 km
Großer Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:15:28

Speed: 7.97 km/h
Running performance: 7:32 min/km

Rank in course/Total: 36 (of 37)

Rank in course/Men: 26 (of 26)

Best time in course: 1:21:38

Rank in category: 3(of 3)

Best time in the category: 1:24:17