



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

**Scherf, Nadine**

Club: Saalfelder LV  
Number: 577

Course: 18.00 km  
Großer Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 2:16:27

Speed: 7.91 km/h  
Running performance: 7:35 min/km

Rank in course/Total: 37 (of 37)  
Rank in course/Women: 11 (of 11)  
Best time in course: 1:34:44

Rank in category: 3(of 3)  
Best time in the category: 1:34:44