



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Lorenz, Antje

Club: VfB Torpedo Ictershausen
Number: 164

Course: 5.00 km
Schnupperlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 30:14

Speed: 9.92 km/h
Running performance: 6:03 min/km

Rank in course/Total: 10 (of 28)
Rank in course/Women: 2 (of 10)
Best time in course: 26:09

Rank in category: 1(of 3)
Best time in the category: 30:14