



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Kraus, Katja

Club: Manebach  
Number: 163

Course: 5.00 km  
Schnupperlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 33:01

Speed: 9.09 km/h  
Running performance: 6:36 min/km

Rank in course/Total: 14 (of 28)  
Rank in course/Women: 4 (of 10)  
Best time in course: 26:09

Rank in category: 1(of 1)  
Best time in the category: 33:01