



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Ziermann, Ute

Club: Arnstadt  
Number: 437

Course: 11.00 km  
11 km Nordic Walking

Category:  
Nordic Walking Frauen

Total time: 1:40:20

Speed: 6.58 km/h  
Running performance: 9:07 min/km

Rank in course/Total: 3 (of 13)  
Rank in course/Women: 2 (of 11)  
Best time in course: 1:36:39

Rank in category: 2(of 11)  
Best time in the category: 1:36:39