



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Riester, Kristin

Club: Möhrenbach  
Number: 157

Course: 5.00 km  
Schnupperlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 36:54

Speed: 8.13 km/h  
Running performance: 7:23 min/km

Rank in course/Total: 18 (of 28)  
Rank in course/Women: 5 (of 10)  
Best time in course: 26:09

Rank in category: 2(of 3)  
Best time in the category: 30:14