



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV/PSV Meiningen  
Number: 703

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 49:33

Speed: 13.32 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 7 (of 41)

Rank in course/Men: 7 (of 31)

Best time in course: 43:19

Rank in category: 1(of 4)

Best time in the category: 49:33