



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Keppler, Bernd

Club: Möllner SV
Number: 572

Course: 18.00 km
Großer Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:24:17

Speed: 12.81 km/h
Running performance: 4:41 min/km

Rank in course/Total: 3 (of 37)

Rank in course/Men: 3 (of 26)

Best time in course: 1:21:38

Rank in category: 1(of 3)

Best time in the category: 1:24:17