



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Wolfram, Heidi

Club: SWV Goldlauter-Heidersbach
Number: 685

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 58:03

Speed: 11.37 km/h
Running performance: 5:17 min/km

Rank in course/Total: 22 (of 41)
Rank in course/Women: 3 (of 10)
Best time in course: 49:47

Rank in category: 1(of 1)
Best time in the category: 58:03