



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Enders, Martin

Club: Lohmühle Aktiv  
Number: 599

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:36:43

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 14 (of 37)

Rank in course/Men: 13 (of 26)

Best time in course: 1:21:38

Rank in category: 4(of 7)

Best time in the category: 1:22:42