



39. Silberberglauf  
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Hertzer, Jens

Club: Möhrenbach  
Number: 605

Course: 18.00 km  
Großer Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:38:13

Speed: 11.00 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 17 (of 37)

Rank in course/Men: 15 (of 26)

Best time in course: 1:21:38

Rank in category: 5(of 7)

Best time in the category: 1:22:42