



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Bärwolf, Silvia

Club: Laufftreff Breitungen
Number: 690

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:09:30

Speed: 9.50 km/h
Running performance: 6:19 min/km

Rank in course/Total: 34 (of 41)
Rank in course/Women: 8 (of 10)
Best time in course: 49:47

Rank in category: 1(of 1)
Best time in the category: 1:09:30