



39. Silberberglauf
Möhrenbach/ Thüringen / 11.05.2019

Detailed evaluation

Seupt, Gordon

Club: SV TU Ilmenau
Number: 580

Course: 18.00 km
Großer Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:40:19

Speed: 10.77 km/h
Running performance: 5:34 min/km

Rank in course/Total: 19 (of 37)

Rank in course/Men: 16 (of 26)

Best time in course: 1:21:38

Rank in category: 6(of 7)

Best time in the category: 1:22:42