



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Kämpf, Annette

Club: DaRoTel

Number: 14

Course: 10.00 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 48:20

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 11 (of 38)

Rank in course/Women: 1 (of 4)

Best time in course: 48:20

Rank in category: 1(of 2)

Best time in the category: 48:20