



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Schacke, Falk

Club: SV Fortuna Ballhausen

Number: 39

Course: 10.00 km

10 km Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:03

Speed: 11.53 km/h

Running performance: 5:12 min/km

Rank in course/Total: 20 (of 38)

Rank in course/Men: 19 (of 34)

Best time in course: 34:27

Rank in category: 2(of 4)

Best time in the category: 47:19