



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Richter, Sabine

Club: Bad Tennstedt
Number: 25

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 54:12

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 24 (of 38)

Rank in course/Women: 2 (of 4)

Best time in course: 48:20

Rank in category: 1(of 1)

Best time in the category: 54:12