



4. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 14.09.2019

Detailed evaluation

Schub, Susann

Club: Kirchheilinger Sportverein KSV 90 e.V.  
Number: 30

Course: 10.00 km  
10 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:36

Speed: 9.90 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 37 (of 38)

Rank in course/Women: 4 (of 4)

Best time in course: 48:20

Rank in category: 2(of 2)

Best time in the category: 48:20