



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Saalfeld, Stefan

Club: TSV 1861 Bad Tennstedt C-Jugend
Number: 323

Course: 5.00 km
5 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 26:46

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 13 (of 45)

Rank in course/Men: 10 (of 29)

Best time in course: 19:22

Rank in category: 1(of 3)

Best time in the category: 26:46