



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Schmidt, Mike

Club: SC Impuls Erfurt
Number: 342

Course: 5.00 km
5 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 19:38

Speed: 15.28 km/h
Running performance: 3:56 min/km

Rank in course/Total: 2 (of 45)

Rank in course/Men: 2 (of 29)

Best time in course: 19:22

Rank in category: 1(of 3)

Best time in the category: 19:38