



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Gary, Sven

Club: Fahrdienst Gary
Number: 306

Course: 5.00 km
5 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:49

Speed: 10.41 km/h
Running performance: 5:46 min/km

Rank in course/Total: 23 (of 45)

Rank in course/Men: 18 (of 29)

Best time in course: 19:22

Rank in category: 1(of 4)

Best time in the category: 28:49