



4. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 14.09.2019

Detailed evaluation

Schorcht, Michael

Club: Orthim Triatlon Team  
Number: 351

Course: 5.00 km  
5 km Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 29:55

Speed: 10.03 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 26 (of 45)

Rank in course/Men: 20 (of 29)

Best time in course: 19:22

Rank in category: 3(of 3)

Best time in the category: 19:38