



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Müller, Gregor

Club: Henningsleben

Number: 321

Course: 5.00 km

5 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 31:18

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 30 (of 45)

Rank in course/Men: 22 (of 29)

Best time in course: 19:22

Rank in category: 2(of 4)

Best time in the category: 28:49