



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Trutte, Mandy

Club: Dachwig

Number: 330

Course: 5.00 km

5 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 32:31

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course/Total: 33 (of 45)

Rank in course/Women: 10 (of 16)

Best time in course: 22:42

Rank in category: 1(of 1)

Best time in the category: 32:31