



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Fischer, Kay

Number: 344

Course: 5.00 km

5 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 32:33

Speed: 9.22 km/h

Running performance: 6:31 min/km

Rank in course/Total: 34 (of 45)

Rank in course/Men: 24 (of 29)

Best time in course: 19:22

Rank in category: 4(of 4)

Best time in the category: 28:49