



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Weber, Aurel

Club: Lauffeuer Fröttstädt
Number: 332

Course: 5.00 km
5 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 21:35

Speed: 13.90 km/h
Running performance: 4:19 min/km

Rank in course/Total: 4 (of 45)

Rank in course/Men: 4 (of 29)

Best time in course: 19:22

Rank in category: 2(of 3)

Best time in the category: 19:38