



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Brüll, Uwe

Club: Team Run4Fun

Number: 650

Course: 3.50 km

3,5 km Nordic Walking

Category:

Nordic Walking Männer

Total time: 23:03

Speed: 7.81 km/h

Running performance: 6:35 min/km

Rank in course/Total: 2 (of 8)

Rank in course/Men: 2 (of 3)

Best time in course: 22:57

Rank in category: 2(of 3)

Best time in the category: 22:57