



4. Stadtlauf Bad Tennstedt  
Bad Tennstedt / 14.09.2019

Detailed evaluation

Krieghoff, Luise

Club: SC Impuls Erfurt  
Number: 337

Course: 5.00 km  
5 km Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 22:42

Speed: 13.22 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 5 (of 45)

Rank in course/Women: 1 (of 16)

Best time in course: 22:42

Rank in category: 1(of 2)

Best time in the category: 22:42