



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Keidel, Judith

Club: Bad Langensalza
Number: 316

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 36:57

Speed: 8.12 km/h
Running performance: 7:23 min/km

Rank in course/Total: 45 (of 45)
Rank in course/Women: 16 (of 16)
Best time in course: 22:42

Rank in category: 3(of 3)
Best time in the category: 30:00