



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Adam, Zoé Elisabeth

Club: Novalisschule

Number: 501

Course: 3.50 km

nasse Füßelauf-kühler Kopf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 28:49

Speed: 7.29 km/h

Running performance: 8:14 min/km

Rank in course/Total: 21 (of 36)

Rank in course/Women: 12 (of 23)

Best time in course: 21:26

Rank in category: 2(of 5)

Best time in the category: 26:42