



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Waage, Cornelia

Club: Bad Tennstedt

Number: 642

Course: 3.50 km

3,5 km Nordic Walking

Category:

Nordic Walking Frauen

Total time: 28:54

Speed: 6.23 km/h

Running performance: 8:16 min/km

Rank in course/Total: 3 (of 8)

Rank in course/Women: 1 (of 5)

Best time in course: 28:54

Rank in category: 1(of 5)

Best time in the category: 28:54