



## 4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

### Detailed evaluation

Seyfarth-Opel, Moana

Number: 531

Course: 3.50 km

nasse Füßelauf-kühler Kopf

Category:

weibliche Jugend U16 (14-15 Jahre)

Total time: 31:35

Speed: 5.70 km/h

Running performance: 9:01 min/km

Rank in course/Total: 31 (of 36)

Rank in course/Women: 19 (of 23)

Best time in course: 21:26

Rank in category: 4(of 4)

Best time in the category: 25:34