



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Grube, Nils

Club: TSV 1861 Bad Tennstedt C-Jugend

Number: 308

Course: 5.00 km

5 km Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 24:31

Speed: 12.24 km/h

Running performance: 4:54 min/km

Rank in course/Total: 8 (of 45)

Rank in course/Men: 7 (of 29)

Best time in course: 19:22

Rank in category: 1(of 4)

Best time in the category: 24:31