



4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

Detailed evaluation

Heinemann, Bärbel

Number: 647

Course: 3.50 km

3,5 km Nordic Walking

Category:

Nordic Walking Frauen

Total time: 41:46

Speed: 4.31 km/h

Running performance: 11:56 min/km

Rank in course/Total: 7 (of 8)

Rank in course/Women: 4 (of 5)

Best time in course: 28:54

Rank in category: 4(of 5)

Best time in the category: 28:54