



## 4. Stadtlauf Bad Tennstedt

Bad Tennstedt / 14.09.2019

### Detailed evaluation

**Pikarski, Jessica**

Club: SV Sömmerda

Number: 338

Course: 5.00 km

5 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 24:38

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 9 (of 45)

Rank in course/Women: 2 (of 16)

Best time in course: 22:42

Rank in category: 1(of 5)

Best time in the category: 24:38