



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Krieghoff, Marcel

Club: DaRoTel

Number: 19

Course: 10.00 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 34:27

Speed: 17.42 km/h

Running performance: 3:26 min/km

Rank in course/Total: 1 (of 38)

Rank in course/Men: 1 (of 34)

Best time in course: 34:27

Rank in category: 1(of 4)

Best time in the category: 34:27