



4. Stadtlauf Bad Tennstedt
Bad Tennstedt / 14.09.2019

Detailed evaluation

Hasenstein, Mario

Club: Feuerwehr Gotha-Siebleben
Number: 10

Course: 10.00 km
10 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 45:23

Speed: 13.22 km/h
Running performance: 4:32 min/km

Rank in course/Total: 6 (of 38)

Rank in course/Men: 6 (of 34)

Best time in course: 34:27

Rank in category: 1(of 2)

Best time in the category: 45:23