



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Hofmann, Sascha**

Club: SC Impuls Erfurt  
Number: 116

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M40 (40-44 Jahre)

Total time: 45:45

Speed: 13.11 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 5 (of 70)

Rank in course/Men: 5 (of 55)

Best time in course: 41:44

Rank in category: 1(of 5)

Best time in the category: 45:45