



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Andres, Timo

Number: 149

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M45 (45-49 Jahre)

Total time: 50:24

Speed: 11.90 km/h
Running performance: 4:45 min/km

Rank in course/Total: 20 (of 70)

Rank in course/Men: 19 (of 55)

Best time in course: 41:44

Rank in category: 4(of 12)

Best time in the category: 47:05