



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Rasch, Steve

Number: 154

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M35 (35-39 Jahre)

Total time: 52:49

Speed: 11.36 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 25 (of 70)

Rank in course/Men: 24 (of 55)

Best time in course: 41:44

Rank in category: 4(of 7)

Best time in the category: 47:40