



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Hohlbein, Benedikt

Number: 160

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Männer (20-29 Jahre)

Total time: 48:38

Speed: 12.34 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 12 (of 70)

Rank in course/Men: 12 (of 55)

Best time in course: 41:44

Rank in category: 1(of 4)

Best time in the category: 48:38