



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Herold, Walter

Number: 162

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M65 (65-69 Jahre)

Total time: 52:54

Speed: 11.34 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 26 (of 70)

Rank in course/Men: 25 (of 55)

Best time in course: 41:44

Rank in category: 1(of 3)

Best time in the category: 52:54