



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Ehrhardt, Michael

Club: Mühlhausen
Number: 108

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:49

Speed: 10.38 km/h
Running performance: 5:27 min/km

Rank in course/Total: 38 (of 70)

Rank in course/Men: 36 (of 55)

Best time in course: 41:44

Rank in category: 4(of 5)

Best time in the category: 45:45