



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Pohl, Wolfgang**

Club: Laufgruppe Treffurt  
Number: 123

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:00:41

Speed: 9.89 km/h  
Running performance: 5:43 min/km

Rank in course/Total: 45 (of 70)

Rank in course/Men: 40 (of 55)

Best time in course: 41:44

Rank in category: 2(of 3)

Best time in the category: 52:54