



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Grund, Thomas

Number: 165

Course: 10.60 km
Hauptlauf 10,6 km

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:03:03

Speed: 9.52 km/h
Running performance: 5:57 min/km

Rank in course/Total: 53 (of 70)

Rank in course/Men: 47 (of 55)

Best time in course: 41:44

Rank in category: 3(of 5)

Best time in the category: 47:04