



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Näher, Markus**

Club: STARunners  
Number: 119

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:03:14

Speed: 9.49 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 54 (of 70)

Rank in course/Men: 48 (of 55)

Best time in course: 41:44

Rank in category: 4(of 5)

Best time in the category: 47:04