



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Käppler, Gerd

Number: 167

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:16:33

Speed: 7.84 km/h

Running performance: 7:13 min/km

Rank in course/Total: 69 (of 70)

Rank in course/Men: 55 (of 55)

Best time in course: 41:44

Rank in category: 3(of 3)

Best time in the category: 53:42