



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Bode, Marcel

Club: SV Diedorf 1921 e.V.
Number: 302

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Senioren M40 (40-44 Jahre)

Total time: 25:32

Speed: 11.75 km/h
Running performance: 4:49 min/km

Rank in course/Total: 6 (of 35)

Rank in course/Men: 6 (of 21)

Best time in course: 22:57

Rank in category: 1(of 3)

Best time in the category: 25:32