



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Sensmeier, Theresa**

Club: Laufen macht glücklich  
Number: 329

Course: 5.30 km  
Hauptlauf 5,3 km

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 26:07

Speed: 11.49 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 8 (of 35)  
Rank in course/Women: 2 (of 14)

Best time in course: 25:50

Rank in category: 1(of 4)  
Best time in the category: 26:07